Bolwarra/Lorn J.S.C.
ssf (MiniRoos)-2015

INFORMATION FOR COACHES AND MANAGERS – UNDER 10

Format

Home and Away
Numbers: 9v9 (substitutes rotate during whole game)
Field size: 60m x 40m (All home games played on Field 2)
Goals: Semi-permanent, 5m x 2m
Ball size: #4
Goalkeeper: Yes
Penalty Area: 12m x 5m
Playing time: 1 game each week
50 minutes (25 minute halves with a 7.5 minute half time break)
What time?: The Hunter Valley Association will publish a draw. (I would have your team at the ground at least 15 minutes before kick off)
Referee: Instructing Referee
Home Games – Bolwarra/Lorn J.S.C at this moment does not have many Instructing Referees. You might need to organise your own referee (a parent or older sibling) if you are not allocated a referee.
Away Games – Not your responsibility.

Laws of SSF – Under 10

Start of play: Pass forward to a team mate from the middle of the half way line.
All players must be in their own half of the field of play.
Opponents must be a least 5m away from the ball until it is played.
The ball must touch a team mate before a goal is scored.
Ball crossing the touch line: Throw-in.
Both hands on the ball, both feet on the ground and delivers the ball from behind and over the head.
Opponents must be a least 5m away from the ball until it is played.
The thrower must not touch the ball again until it has been touched by another player.
A goal cannot be scored directly from a throw-in.
Ball crossing the goal line, Corner: Opponents must be a least 5m away from the ball until it is played.
A goal can be scored directly from a corner.
Ball crossing the goal line, Goal kick: Taken anywhere within the penalty area.
Opponents remain 5m outside the penalty area until the ball is played.
The ball is in play once it is kicked directly out of the penalty area.
Restart of play: Same as the start of play
Indirect free kicks: Awarded for all acts of handball or fouls and misconduct.
Opponents must be a least 5m away from the ball until it is played.
(An indirect free kick is where a goal can be scored only if the ball subsequently touches another player before it enters the goal)
Penalty kick: For deliberate or serious acts of handball or fouls and misconduct in the penalty Area.
Taken from a spot 8m from the goals with all other players except the goalkeeper outside the penalty area and behind the penalty spot.

PTO

Goalkeeper: The goalkeeper is allowed to handle the ball anywhere in the penalty area.
To restart play after a save or gathering the ball with their hands, the goalkeeper is not allowed to kick or drop kick the ball directly from their hands.
The ball must be thrown or rolled from the hands or played from the ground with their feet, within 6 seconds.
Opponents must be at least 5m outside the penalty area and cannot move inside the area until the ball is in play.
The ball is in play once it moves out of the penalty area.

No offside: Strongly discourage players from permanently standing in blatant offside positions.

Discourage all foul play .

No slide tackling (players need to stay on their feet)

Other responsibilities

Team sheet: Needs to be filled in each week

Set up: If your team is the first game of the day (9:00am) your team will need to set up the goals and the corner posts.
Need to be at the ground by 8:30am to do this job.

Pack up: If your team is the last game of the day your team will need to take down the goals and collect the corner posts and return them to canteen.

What else?

Trial Games – Saturday 28th March

First Day of Competition – Saturday 18th April

Website

www.bolwarralornjsc.com.au/

Use the website to find draws and other information.

Grounds Closed

If Maitland City Council closes Bolwarra Oval, the oval is not to be used.

To find out if the oval is closed check the following website:

www.maitland.nsw.gov.au/Recreatio/GroundClosures